

**Dr Rodney Teperman**

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Peninsula Private Hospital  
Suite 7, 525 McClelland Drv  
Frankston VIC 3199  
*All correspondence to this address*

Also consulting at:  
'Garden Suite' Beleura Private Hospital  
925 Nepean Highway  
Mornington VIC 3931

Rosebud Surgicentre  
1537 Point Nepean Rd  
Rosebud West VIC 3940

**Patient Details**

Name \_\_\_\_\_

Address \_\_\_\_\_

Birth Date \_\_\_\_\_ Phone \_\_\_\_\_

Clinical Notes \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Frankston**

- Consultation
- Echocardiogram
- Exercise stress test
- 24 hour ambulatory  
blood pressure monitor
- Holter test
- BNP (*investigation of dyspnoea*)

**Mornington**

- Consultation
- Echocardiogram
- Holter test
- 24 hour ambulatory  
blood pressure monitor

**Rosebud**

- Consultation
- Echocardiogram
- Holter test
- 24 hour ambulatory  
blood pressure monitor

Ref Doctor \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Prov No \_\_\_\_\_

Copies to \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please turn over for instructions**

## Your appointment is

on **Day** \_\_\_\_\_

**Date** \_\_\_\_\_

**Time** \_\_\_\_\_

- at
- Frankston** Peninsula Private Hospital, Suite 7, 525 McClelland Drv, Frankston
  - Mornington** 'Garden Suite' Beleura Private Hospital, 925 Nepean Highway Mornington 3931 (adjacent to consulting suites at rear of hospital)
  - Rosebud** Rosebud Surgicentre, 1537 Point Nepean Rd, Rosebud West
  - Other**

- for
- Stress Tests**
    - > Wear walking shoes, loose fitting top and don't eat or drink for 2 hours prior to the test
    - > Allow up to half an hour for the test
    - > Instructions regarding medications (*Please ask your doctor*)
  - Echocardiogram**
    - > Allow one hour for the test
    - (*Ultrasound*) > No fasting required
  - Holter Tests**
    - > Will be fitted by Bayside Pathology
    - > Wear a loose fitting top
    - > Shower before the test  
(*you will be unable to shower/bath for 24 hours*)
    - > Allow 30 minutes to have holter fitted
    - > Allow 30 minutes to have holter removed (*the next day*)
  - BNP**
    - > This is a blood test
    - > No preparation is necessary
  - 24 Hour Blood Pressure Monitor**
    - > Same as for Holter test
    - > Will be charged out of pocket expense

Please bring your Medicare Card